

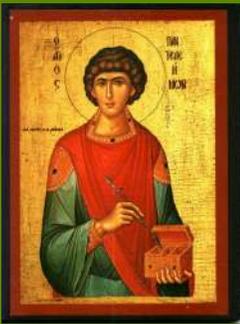
St. Panteleimon Orthodox Church

OCA - Diocese of the Midwest

Fr. Andrew Bartek, Rector V. Rev. Anthony Spengler, Attached

Protodeacon Robert Northrup Reader James Tilghman

Parish Council President: Nicholas Cavaligos



Sunday, July 10, 2016

Gospel: St. Matthew 6:22-33

**3rd Sunday after Pentecost / Ven. Anthony of the Kiev Caves
45 Martyrs at Nicopolis**

Tone 2

Epistle: Romans 5:1-10

July Bulletin Sponsor

Father Andrew In Memory of his cousin, Ronnie Basala

Liturgical & Events Schedule

Sunday, July 10

9:10 am: Hours

9:30 am: D.L. / Social

Wednesday, July 13

7:00 pm: Martha & Mary Board Meeting

Saturday, July 16

6:00 pm: Great Vespers

Sunday, July 17

9:10 am: Hours / D.L. / Memorial Sunday /
Social

Noon: Shiloh Baptist Church Family
Day in Summit;
Ukrainian Festival in Palos Park

ANNUAL PATRONAL LAMB ROAST SUNDAY JULY 31 @ NOON

MENU:

Grilled Leg of Lamb / Chicken / Spanakopita
(Greek Cheese & Spinach Pie) / Rice / Bread
/ Salad / Desserts / Pop & Alcoholic drinks

COST:

RSVP by July 24: \$20-Adults (12+); / \$8-
children \$8. After July 24 will be \$25 for
Adults & \$10 for children. ****Note tax are an
extra \$5 for adults & \$2 for children at the
door****

CALL:

Karen: 708-699-7497 or

Fr. Andrew: 708-552-5276

If you email Fr. Andrew at
padrebartek@gmail.com he will respond with
a confirmation. If you don't get one, CALL
HIM.

40 DAYS MEMORIAL

July 24: Marisol Vasquez & those that lost
their lives in Orlando nightclub / Fr.

Justin Foster / Lawrence Moriak

July 31: Infant killed by alligator in Fl. &
Thomas Stefanavich, Ronald Basala
/ Those who lost their lives @ Ter-
rorist attack @ Turkey airport

August 7: Johanna Pleska / Manuel

ANNUAL UKRAINIAN FESTIVAL

WHEN: Sunday, July 17

FROM: Noon-?

WHERE: 8410 W 131 St, Palos Park, IL

All Are Welcome / Free Parking / Free Ad-
mission

Menu: Perogies / Stuffed Cabbage / Smoked
Sausage / Cheeseburger / Hot dogs / grilled
corn

Live Music / Dancing Clowns / Pony Rides /
Bingo / Basket Raffle / Volleyball / Chil-
dren's games / Fire Truck / Firemen

SCRIPT PROGRAM UP & RUNNING

Who to see: Matushka Susan

When: 1st & 3rd Sundays of each month

- In order for the program to be cost effective for us, a minimum \$300 order must be placed.
- A list of participating businesses is available for your review.

This is a great way for you to do your regu-
lar shopping and it benefit your church! Try
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Youth, pastoral conferences reflect growth of Mexican Diocese

Two significant events in the life of the Orthodox Church in America's Diocese of Mexico occurred during the month of June 2016.

Nearly 100 youth and young adults gathered on June 1 for the diocese's youth conference. Representing several parishes and missions, the youth enjoyed worshipping together, engaging in discussions and inspiring talks, and sharing fellowship with their peers. His Eminence, Archbishop Alejo addressed them on the essentials of Christian life and the challenges they face in today's world. The gathering also served to network the younger faithful, some of whom are from remote areas of the country.

One week later, on June 9—the Great Feast of the Ascension of Our Lord—the diocese's clergy gathered at Mexico City's Cathedral of the Ascension for their seventh pastoral conference. After the celebration of the festal Divine Liturgy marking the cathedral's patronal feastday, Archbishop Alejo welcomed the diocese's clergy and monastics while encouraging them “to boldly proclaim the Gospel of Jesus Christ throughout the land.”

The clergy spoke enthusiastically of the growth experienced in their respective communities and shared ideas for ongoing missionary work and the strengthening of the diocese's mandate. In response, the clergy fully embraced the establishment of a Department of Pastoral and Liturgy Life, chaired by Archbishop Alejo, to respond to the ongoing pastoral and liturgical needs of the diocese's faithful. Also established was a Department of Administration, comprised of an administrator and treasurer, in part to ensure the ongoing economic growth of the diocese. A third body—the Department of Vocational and Spiritual Life—also was established to oversee the vocational, educational and psychological needs of the diocese. This department will be headed by priests who will oversee the educational needs of the diocese and attend to the psychological wellbeing of the faithful in a confidential manner. Archbishop Alejo stressed the importance of vigilance “to respond quickly and decisively to matters dealing with sexual abuse or impropriety, which will not be tolerated.”

The OCA's Diocese of Mexico traces its origins to an early 20th century movement to establish a faith community distinct from the nation's Roman Catholic Church. The community continued as an “Old Catholic” body until Father José Cortes y Olmos was appointed its bishop in 1961. He and his clergy gradually became convinced, through study and reflection, that the Old Catholic ecclesiological principles did not conform to the criteria of the One, Holy,

In 1965, Bishop José and his clergy contacted the then-rector of Saint Seraphim Church in Dallas, TX, Father Dmitri Royster, who had been instrumental in converting many Mexicans to Orthodoxy and translating Orthodox liturgical services into Spanish. After Father Dimitri's consecration to the episcopacy in 1969 and the granting of autocephaly the following year, Bishop Dmitri presented the case of the Orthodox Church in Mexico to the Holy Synod of Bishops of the Orthodox Church in America. As a result of numerous exchanges and visits, the members of the Holy Synod asked Bishop Dmitri to visit Mexico officially and to report on his findings. This report was studied by the OCA's Department of Canonical Affairs, which recommended acceptance of the Mexican communities into the Orthodox Church.

In 1971, Bishop José petitioned to be accepted with his flock into the Orthodox Church in America. He and other priests of his community, together with an estimated ten to twenty thousand faithful, were received into the Orthodox Christian faith. After completing studies at Saint Vladimir's Seminary, Yonkers, NY, Father José was consecrated as Bishop of Mexico City at Holy Virgin Protection Cathedral, New York, NY on April 22, 1972. Despite countless obstacles, what had become the Exarchate of Mexico continued to grow through the establishment of additional missions and conversions.

On January 28, 1983, Bishop José fell asleep in the Lord after a relatively brief bout with cancer. Archbishop Dmitri of Dallas and the South continued to oversee the life of the Mexican Exarchate until 2005, when a successor to Bishop José was found. On May 28 of that year, in services celebrated at Saint Tikhon's Monastery, South Canaan, PA, Archimandrite Alejo [Pacheco-Vera] was consecrated as an Auxiliary to Archbishop Dmitri. On October 16, 2008, he was elected as the Exarchate's ruling Bishop. He was enthroned, in the presence of the entire Holy Synod of Bishops, at Mexico City's Ascension Cathedral on January 18, 2009. The Exarchate subsequently was granted full diocesan status.

In recent years, missionary efforts have intensified in the Diocese of Mexico, especially with the organization of short-term mission trips to San Esteban, Pisaflores and other remote communities. An excellent [video presentation](#) on the life of the Diocese of Mexico was produced for and aired during the [18th All-American Council](#), which was convened in Atlanta, GA in 2015.



Bp. Alejo addresses youth

The Saints: Examples of holiness

by Fr. Stephen Kostoff

We recently celebrated the Great Feast of Pentecost on June 19. All of the subsequent Sundays of the liturgical year, until the pre-lenten Sunday of the Publican and the Pharisee sometime next year, will be so numbered, challenging us to keep our spiritual sight on the overwhelming significance of Pentecost in the divine economy. The New Testament era of the Church began its existence on the Day of Pentecost with the Spirit's descent as a mighty rushing wind that took on the form of fiery tongues alighting upon the heads of the future apostles [Acts 2:1-13]. The Church has always existed, but the Church as a remnant of Israel that would flourish and grow with the addition of the Gentiles began its final phase of existence with the death, resurrection and ascension of God's Messiah, Jesus Christ Who, seated at the right hand of the Father, would send the Holy Spirit into the world and upon "all flesh" on the day of Pentecost. As Saint Epiphanius of Cyprus wrote in the fourth century, "The Catholic Church, which exists from the ages, is revealed most clearly in the incarnate advent of Christ." The simple calendar rubric of numbering the Sundays after Pentecost is one way of reminding us of this essential truth of the Christian Faith. The Church is the Temple of the Holy Spirit, and in and through the sacramental life of the Church we experience something like a permanent pentecostal outpouring of the Holy Spirit.

The first two Sundays after Pentecost are dedicated to the saints—the first, to All Saints, and the second, to local Saints, in our case, the Saints that have shown forth in North America. We commemorate all of the saints of the Church – men, women and children—from her beginning to the present day, including the "patriarchs, matriarchs, prophets, apostles, preachers, evangelists, martyrs, confessors, ascetics and every righteous spirit made perfect in faith." That is, the entire "cloud of witnesses" that surround us and pray for us while serving as models for our own faith. God has revealed to the Church His innumerable saints, and we rejoice in their continuous presence, made possible by the ongoing presence of the Holy Spirit. The divine and co-eternal Spirit, holy by nature, makes human beings holy by grace. That is why these particular Sundays fall so naturally after the Sunday of Pentecost.

The word we use for "saint" is the Greek word for "holy" – *agios*. In a real sense, we are celebrating the presence of holiness in the world, incarnate in actual flesh and blood human beings. The descent of the Holy Spirit makes it possible for human beings to become and remain holy. Without the Holy Spirit, human beings can be nice, pleasant and even good – but not

holy. And it is the holiness of the saints that is their one common characteristic, expressed in an endless diversity of vocations. Every baptized and chrismated member of the Church is already a saint – a person sanctified and set apart as a member of the People of God – and every such member has the vocation to become a saint. The phrase often used to capture this paradox of the Christian life is "become what you already are." This phrase expresses an entire lifetime of striving and struggle to attain, by God's grace, the highest of vocations – the holiness of a genuine child of God, "born, not of blood nor of the will of the flesh nor of the will of man, but of God" [John 1:13]. Of this we are reminded in the Gospel reading for the Sunday of All Saints: "So everyone who acknowledges me before men, I also will acknowledge before my Father Who is in heaven; but whoever denies me before men, I also will deny before my Father Who is in heaven. . . . He who loves father or mother more than me is not worthy of me; and he who loves son or daughter more than me is not worthy of me; and he who does not take up his cross and follow me is not worthy of me" [Matthew 10:32-33, 37-38].

We probably have a difficult time relating to such a passage, since we expend an enormous amount of energy – time, talent and treasure—in order to guarantee for ourselves a comfortable life and the closest of possible family relationships. God and Church may be a part of that choice, but perhaps only as one compartment of life among many. At times, the greatest of our goals may be to create a certain form of "domestic bliss," to the extent that this is humanly attainable. Nothing else can seem greater or more desirable. Jesus, however, makes other claims on us. And the first of those radical claims is that we must love Him above all else – including father and mother, son and daughter. This is a "hard teaching." Perhaps it is here that we discover the greatest "achievement" of the saints, and the reason behind the sanctity that they often so clearly manifest. They simply loved Christ before all else. And there is nothing that can deflect them from that love. But in no way does this diminish our love for our loved ones. I believe that if we love Christ before all else, then we would have a greater love for those around us, including our very family members. To love Christ above all else is to expand our very notion and experience of love. If we live "in Christ," we can then love "in Christ." Elsewhere, Jesus would claim that this would include our enemies! This is a love that will not disappoint. With any other deeper love, there is always the lurking temptation of succumbing to one form of idolatry or another. Jesus even says that if we love anyone else more than Him, we are not "worthy" of Him! Clearly, there is nothing easy about bearing the name of Christ and calling oneself a Christian. Is all of this impossible? Jesus teaches that "with men this is impossible, but with God all things are possible" [Matthew 19:26].

We share the most difficult of vocations – to live up to our high calling in Christ Jesus. This is not something that we achieve on our own, but a process that includes the grace of God and our own self-determination, what we call our freedom of choice or "free will." There are obstacles

Con't on Page 4

Learning the “deeper lessons of life” in Southwest Detroit neighborhood

“It’s not just about the meal, or even the guests,” says an 80-year-old who regularly volunteers for [Orthodox Detroit Outreach](#) [ODO]. “For those serving, young and old, this is ‘school’ where we can learn the deeper lessons of life.”

And for him, and the many others who offer their time, talents and treasures through ODO’s ministries in Southwest Detroit—a neighborhood hard hit over the past few decades—Saints Peter and Paul Cathedral has been “ground zero” for what the parish’s Pastor, Archpriest Paul Albert, Pastor, sees as an effort to proclaim “the fuller presence of the Gospel” in the inner city.

“There is much more happening here than simply running a soup kitchen,” Father Paul explains. And while the cathedral—the oldest Orthodox Christian parish in the state of Michigan, planted in 1907—had dwindled to less than 50 members over the years, in part due to factors affecting many “rust belt” cities and towns, the tenacity of its members had led to “a gradual meshing of parishioners, neighbors, and faithful from a number of parishes embracing the Orthodox ethos and the neighborhood’s environment—an experiment in a more pastoral approach to community building.”

Nearly five years ago, a tenacious group of parishioners began reaching out to those living in the cathedral’s neighborhood.

“There are so many people ‘on foot’ in the neighborhood, and the cathedral provided an ideal ‘access point’ for neighborhood outreach,” Father Paul added.

Initially, the cathedral’s faithful prepared and served Sunday meals for the neighborhood’s individuals and families. As word spread about their efforts, faithful from sister parishes of the Orthodox Church in America, the Serbian Diocese, the Russian Orthodox Church Outside of Russia, and other jurisdictions displayed an interest in helping, signing up to provide meals after the Sunday Divine Liturgy on designated weeks. With excellent networking and a drive on the part of a small leadership team to put Matthew 25 into action, ODO was born. In addition to serving weekly meals, volunteers repair neighbors’ homes, offer activities for neighborhood children, and maintain a community garden.

“We’re attempting to help families, one by one,” said Father Paul, “while ‘repurposing’ the inner city parish by using the cathedral to address the often neglected needs of the inner city.”

With Father Paul’s assignment as Pastor in January 2016 and with the blessing and encouragement of His Grace, Bishop Paul of Chicago and other hierarchs, ODO’s ministry continues to grow.

“On the last weekend of June 2016, some 35 volunteers from parishes across the area turned out for a Saturday work day,” Father Paul added. “We completed some work for neighborhood families, provided some much needed fresh paint to our community center space where our weekly meal takes place, worked in the community garden, and shared our love for God and one another. Nearly 100 individuals attended Vespers that evening, at which Father Andrew Yavornitzky, Michigan Dean and Pastor of Saint Mark Church in suburban Rochester, MI concelebrated. A dinner was held to thank and further encourage past and current volunteers. After the Sunday morning Liturgy, some 100 neighbors gathered under an outdoor tent to enjoy a picnic as we blessed the community garden, located on the cathedral property.”

Known as the “Garden of Saints,” the site includes several outdoor shrines with icons of saints, such as the New Martyr Elizabeth, who were especially known for their charitable ministries to the poor, needy and forgotten.

“In a very real way, our neighborhood efforts are an extension of the Divine Liturgy,” said Father Paul. “When I look at the faces of our neighbors, especially the children, I cannot help but experience tears of joy.”

Those not living in the Detroit region may participate in ODO’s ministry by donating equipment and supplies. An [on-line store](#) enables those who cannot participate personally to be a part of ODO’s efforts to bring the fuller presence of the Gospel to southwest Detroit.

View the photo gallery of the weekend’s services and events may be viewed on the OCA [website](#) and [Facebook page](#).

The Saints Con’t

that begin with the genetic and the environmental. There are distractions and temptations too numerous to keep track of. There is the unbelief of the world around us. Yet, if we approach this “day by day,” we soon realize that we are simply trying to become genuine human beings, for the glory of God is a human being fully alive, to paraphrase Saint Irenaeus of Lyons. As disciples of Christ, we have the “inside track” to allow us to “run with perseverance the race that is before us” [Hebrews 12:1]. So, we thank God for the multitude of the saints who not only set an example for us, but who also pray for us unceasingly in the Kingdom of God.

Prayer List

Prizsts: Anthony Spenglar, John Kuchta, Fr. James Gleason (*Fr.'s spiritual father*), ***Ted Bobosh**, ***Moses Berry**, ***John Magramm**, John Duranko, ***Leonid Kishkovsky**, *Dean*, ***Daniel Rental**, Archimandrite Vladimir, ***Joseph Gibson**

Matushka: ***Carol Janacek**, ***Christina Kolenda**, Pani Patricia Duranko,

Parishioners: Karen Muzyka, Ronald Stachowiak, Rebecca Eggers, Jason Kirnbauer, Sonja Harris, Pauline, Marilyn

Parishioner's Friends / Family: Donna Parhas (*Nick's Cousin*), Ron (*Mark's Friend*), Mary Ann Magerko, John Magerko, Stephen Holly & Walter Litzie (*Fr.'s cousin*), George Cavaligos (*Nick's brother*), Christos Parhas (*Nick's cousin*), Constantine Cavaligos (*Nick's dad*), John Hartel (*Joann's Step-dad*), Sandra (*Karen's sister*), Erika Northrup, Danielle Krush, Mark Svara, Mary Northrup, Dianne Northrup, Raymond Northrup, Joey Krush, Carol Bregin (*Friend of Lynn*), Jan Kost, (*Linda's sister*) Ann Lazo (*Friend of Lynn*), George Lazo (*Friend of Lynn*), Bruce (*Fr. Kurt's brother*), Daniel Tiani (*friend of Becky Eggers*), Vivian (*friend of Becky Eggers*), Julianna (*Hruban Family*), James, June, James (*Hruban Family*), Tommy, Jimmy, **Jacob, Emilian, Joyce, John, Robert, William & Dana, Mark, Eve** (*Spengler Family*), Tony (*Marcia's Brother*), Laureen (*Fr. Andrew's cousin*), Eddie (*Fr. Andrew's cousin*), Roger Seglem, Chris Rios

Other Requests: Lucille (*Duke*), Dianne (*Bill Rudolph*), Elizabeth Lilos, Jemsey Pradun, Mae Joanna Bass, Hermenegil (*Neighbor*), Lidiya (*Neighbor*), Cathleen Rebollar, ***John Sedor**, * **Daria Petrykowski**, Emily & Scott preparing for marriage, Fire Fighter Brandon & Chrissy (*preparing for marriage*), ***Cynthia Koranda**, Adrianna & her unborn baby, Rebecca & her unborn baby, Janet Nickolaou, Julius Sanchez & family (*repose of father-in-law Manuel*).

Military: Fr. Herman, Fr. Gregory, Amber, Caleb, Nicholas, David, Timothy, Robert, Kristen, Matthew, Brian, Daniel, Joseph, Joseph (*Fr.'s cousin*), Antonio

Captives: Metropolitan Paul (*Orthodox Archdiocese of Aleppo*), Archbishop John (*Syriac Archdiocese of Aleppo*)

For the UN & IOCC humanitarian aid workers in & around Syria / Those suffering persecution in Iraq, Syria, Israel, Egypt, Ukraine and throughout the world / Those held captive throughout the world.

Additions or removals from the list? Please notify Fr. Andrew. (***Bishop Request**)

Johanna Pleska, Mother of Abp Melchisedek-Updated

Eugenia [Johanna] Stanchuk Pleska, 97, beloved mother of His Eminence, Archbishop Melchisedek of Pittsburgh and Western Pennsylvania, fell asleep in the Lord at the Trinity Nursing Home here June 26, 2016 after a brief illness.

She was predeceased by her infant daughter Sandra and her beloved husband of 62 years, Alexander Pleska.

In addition to Archbishop Melchisedek, she is survived by her daughter, Nancy Magnon [Larry]; two grandsons, Phillip Magnon [Tanya] of Alpharetta GA and Hayesville NC and Alexander Magnon [Nadia] of Helsinki, Finland and St. Petersburg Russia; four great-grandchildren; and numerous nieces and nephews in Ohio, Michigan and Florida.

In order to accommodate scheduling difficulties for family members, some of whom will be coming from Europe, services and burial have been delayed. Visitation and Parastas will be held at the Tobias Funeral Home. 3970 Dayton-Xenia Rd., Beavercreek from 6:00 until 8:00 p.m. on Friday, July 29. The Funeral Service will be celebrated at Saint Paul the Apostle

Orthodox Church, 4451 Wagner Rd., Dayton, OH 10:00 am on Saturday, July 30. Interment will follow at Beavercreek Township Cemetery.

May Eugenia's memory be eternal!

Kiev Far Caves, Founder of Monasticism in Russia - Troparion

Commemorated on [July 10](#)

Troparion — Tone 4

Having departed from worldly tumults, / In leaving the world you followed Christ according to the Gospel. / You reached the quiet refuge of the Holy Mount Athos, / Living there a life equal to the angels. / Therefore, with the blessing of the Fathers, / You came to the Kievan hills. / There having fulfilled a life loving of labors, / You illumined your homeland. / And having shown a multitude of monastics / The pathway leading to the heavenly kingdom, / You led them to Christ. / Beseech him, O Venerable Anthony, / That he may save our souls!

J U L Y

BIRTHDAY	NAMES DAY	ANNIVERSARY
7- John Grabavoy, Sr. 12- Julie Walker 14- Elijah Eggers (Child) 27- Richard Wolfe	20-Elijah Eggers 24- Chrissy Marron 25- Marcia Grabavoy 31- Abp. Benjamin of San Francisco	7-12 : Jay & Arlene Tilghman 7-15-67: Ronald & Patricia Svara 7-15-72: Robert & Luba Johnson 7-22-07: Jonathan & Irina Cline

If there are those names to be added or removed, please contact Fr. Andrew. He would like to list all members of your family Orthodox and non-Orthodox.

In blessed repose: J U L Y

2- Annie Dubovik (97)
3- James Evans (92)
12- Agnes Grabavoy (11)
17- Natalie Whitko Cook (85)
20- Ulana (Julie) Mychowycz (98)
22- Michael Barilla Jr. (99)
23- Alex Tan (92)
29- Helen Yarmoluk (11)

1950:
Joseph Starodub
Anthony Swila
Vasiliy Sviridiuk
Anthony Koziel
Naum Leshchuk
David Sulavka

1951:
Koyo Yakshich
Katherine Czaleyko
Irene Korenchuk
Anastasia Litrenchuk
Alexander Kuzmich
Ignaty Lahovetz

Remember those who have gone before us in prayer. If there is a name missing from the above list, please speak to Fr. Andrew to have them added.

Romans 5:1-10 (Sunday, Epistle)

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us. For when we were still without strength, in due time Christ died for the ungodly. For scarcely for a righteous man will one die; yet perhaps for a good man someone would even dare to die. But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. Much more then, having now been justified by His blood, we shall be saved from wrath through Him. For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.

Hebrews 13:7-16 (Sunday Epistle, Fathers)

Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct. Jesus Christ is the same yesterday, today, and forever. Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them. We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp. Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate. Therefore let us go forth to Him, outside the camp, bearing His reproach. For here we have no continuing city, but we seek the one to come. Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name. But do not forget to do good and to share, for with such sacrifices God is well pleased.

Galatians 5:22-6:2 (Sunday, Epistle, Saint)

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those who are Christ's have crucified the flesh with its passions and desires. If we live in the Spirit, let us also walk in the Spirit.

Let us not become conceited, provoking one another, envying one another. Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. Bear one another's burdens, and so fulfill the law of Christ.



What's in a Name?

by Matushka Valerie Zahirsky

When the great boxing champion Muhammad Ali died recently, events in his life were reviewed in the media. One of those events was Ali's public embrace of Islam and his rejection of his birth name, Cassius Marcellus Clay, which he denounced as a "slave name."

One has to wonder whether Ali really understood what he was rejecting and denouncing. The original Cassius Marcellus Clay was a white Christian, and also such a prominent abolitionist that he endured being shot in the chest, attempted assassination, and mob violence at the hands of those who wanted to preserve slavery. President Lincoln appointed him to the post of Minister to the Court of Saint Petersburg in Russia, and one of his proudest moments in that country was witnessing Tsar Alexander II's edict emancipating the serfs.

Ali's grandfather, Herman Heaton Clay, the African-American descendant of slaves, named his son in tribute to Cassius Marcellus Clay. The son passed the name down to his own son, who gave it up in favor of a name honoring the prophet Muhammad.

Our Orthodox Christian faith pays a lot of attention to names. Babies are traditionally given the names of saints, either those on whose feast days they were born or those whose names are part of the family's history. Someone who enters the faith later in life often takes on the name of a saint. No matter how or why the name is given, it's a way of encouraging the person who carries it to emulate the saint's holy qualities.

The names of saints can also encourage us when we remember that even the greatest of them had failings to overcome, as we do. The peace-loving hero of children, Saint Nicholas, was once temporarily stripped of his episcopal office for striking the heretic Arius.

Saints may challenge us to rise to difficult occasions in the same extraordinary ways they did. What creativity and bravery Mother Maria Skobtsova showed during World War II in devising the plan of rescuing children from confinement by getting them out in garbage cans, not to mention remarkable powers of persuasion in convincing the garbage collectors to help her.

It's a wonderful thing to have the saints always with us as examples, as sources of comfort and guidance. But even those who are not named after saints can look to the people whose names they bear as examples and guides. It's unfortunate that Muhammad Ali refused to see Cassius Marcellus Clay in that way. Though no model citizen, Clay as an example of courageous insistence on the equality of all people stands up better than most.

ISOCM symposium celebrates unity in diversity of Orthodox Church Music

Participants from nearly every jurisdiction in North America attended the 2016 Pan-Orthodox Music Symposium held at the Saint Mary's Cathedral here June 23-26, 2016.

"When we attend conferences and symposia, every once in a while you really feel like you are attending one that is truly special," said Michael Lang, a member of Christ the Saviour Church, Ottawa, Ontario. "This year's symposium had that special feel."

Michael was one of five attendees from the American Carpatho-Russian Orthodox Diocese who joined nearly 150 other participants from 31 states and five countries, representing ten Orthodox jurisdictions as well as the Roman and Byzantine Catholic and Lutheran traditions.

The five-day event, sponsored by the [International Society for Orthodox Church Music](#) [ISOCM] with cathedral parishioner David Lucs, a member of the ICOSM Board, closed with the Hierarchical Divine liturgy on the Sunday of All Saints, June 26, celebrated by His Grace, Bishop Paul of Chicago and His Eminence, Metropolitan Elia of Oulu, Finland. At the liturgy, participants sang new settings of the post-Communion troparia composed by Archpriest Sergei Glagolev and other recent compositions written especially for the symposium. The youth of Saint Mary's Cathedral, who were attending the parish's vacation Church school, sang parts of the Vigil and Liturgy with symposium participants.

"There is nothing quite like a gathering of Orthodox Christian liturgical musicians, and this symposium definitely proved the point," said Larissa Sander, one of the symposium's directors. "What a wonderful gathering of like-minded souls—singers dedicated to the glory of God and His Church, all seeking musical and liturgical beauty."

The symposium also included workshops on the use of Byzantine Chant in parish practice, led by John Boyer; a session with Juliana Woodill on teaching children to sing; and presentations by John Black on how to work with senior choir members. Formal presentations were also given by Dr. Kurt Sander on the theme of "joyful sorrow" in Church music, Dr. Paul Barnes on the use of Orthodox music in concert settings, and Dr. Nicoletta Freedman on balancing aesthetics with theology while singing or chanting.

The keynote address was presented by Father Ivan Moody, who chairs ISOCM's Board, who explored how beauty, prayer, and music are inherent to our Orthodox Christian ethos and liturgical experience. **Con't Page 8**

“The Society strives to provide resources for those interested in Orthodox liturgical music and opportunities for them to meet to discuss vital topics related to Church music,” said Father Ivan. “In meeting, we strengthen our relationships which improves the quality and beauty of singing.” ISOCM works to increase awareness of Orthodox liturgical music and chant by hosting gatherings around the globe, publishing resources and proceedings from its events, and facilitating research studies that explore the many facets of Orthodox Christian music. Galleries depicting highlights of the gathering are available on the OCA [web site](#) and [Facebook page](#) and the [cathedral web site](#). Recordings of symposium presentations are being edited and [will be made available in the near future](#).

45 HOLY MARTYRS

Troparion — Tone 4

Your holy martyrs, O Lord, / through their suffering have received incorruptible crowns from You, our God. / For having Your strength, they laid low their adversaries, / and shattered the powerless boldness of demons. / Through their intercessions save our souls!

Kiev Far Caves, Founder of Monasticism in Russia - Kontakion

From your youth you gave yourself to God whom you loved above all, O Venerable One; / And in love you followed after him with your whole soul. / Scorning the passing corruption of the world, you made a cave in the earth; / And in it you struggled nobly facing the snares of the invisible enemy, / While illumining the ends of the earth like a bright, shining sun. / Therefore, with rejoicing you entered into the heavenly chambers. / Standing now before the throne of the Master together with the angels, / Remember us who honor your holy memory, / That we may cry out to you: Rejoice, Anthony our Holy Father!

Church Music Con't

A working session considered the future of Orthodox Church music and how participants can work together in such areas as Church music for children, research and publications, leveraging social media, training of leaders and singers, engraving and transcribing music, and concerts and outreach. The results of this session will be shared in a formal letter that will be sent from the ISOCM to the [Assembly of Canonical Orthodox Bishops of the USA](#) and jurisdictional music departments.

“I would say I thoroughly enjoyed the balance of education, participation and of course the music itself,” said Nina Lickwar, a member of Saint Jonah Church, Spring, TX. “It’s a sensational feeling when you have a composer present to hear his or her art come to life, an electric one when they conduct you singing it, and heartwarming when you leave being friends with them.”

Enthusiasm for the event has been overwhelming, with participants asking the ISOCM to consider hosting another regional gathering in North America. ISOCM Board members already have discussed ideas for themes and possible locations.

Matthew 6:22-33 (Sunday, Gospel)

The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness! No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon. Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one cubit to his stature? So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; and yet I say to you that even Solomon in all his glory was not arrayed like one of these. Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith? Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Matthew 4:25-5:12 (Sunday, Gospel, Saint)

Great multitudes followed Him – from Galilee, and from Decapolis, Jerusalem, Judea, and beyond the Jordan. And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. Then He opened His mouth and taught them, saying: Blessed are the poor in spirit, For theirs is the kingdom of heaven. Blessed are those who mourn, For they shall be comforted. Blessed are the meek, For they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, For they shall be filled. Blessed are the merciful, For they shall obtain mercy. Blessed are the pure in heart, For they shall see God. Blessed are the peacemakers, For they shall be called sons of God.

Blessed are those who are persecuted for righteousness’ sake, For theirs is the kingdom of heaven. Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake.

Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before